



Project Number: 2017-1-LT01-KA201-035235

DESCRIPTIVE TAB N° 2

HUMANS AD STATUES

General Purpose

The general purpose of this activity is:

- To treat the others equally and give them the same opportunity that has been given to all.

Challenges To Be Addressed

Becoming patient and at the same time focusing on what the others do; students contribute to a group exercise and focus on being ready for their turn.

Students will be accepted within the group and will treat the others equally through this movement –based exercise.

This is an activity that can be developed at any time of the session, but is recommended to conclude the session with it, as a review of the work together.

Aims To Be Achieved

We envisage the following aims:

- To increase awareness of being focused and in the centre of attention;
- To develop group work with a trust exercise;
- To level tendencies of those who tend to dominate the group and highlight the shyer pupils' performance.

Exercise Procedure – Students' Role

Step one: The activity will develop with two groups: one is acting while the other one is observing. One student moves around the space while the others freeze.

Step two: Another student takes over and the first one and the others freeze. The moving student must pay attention to the other students in his group and must stop the second he/she sees another student starts moving.

Procedure:

The teacher explains the basic rules of the activity: When he/she says: humans, one pupil starts moving around the space and the others freeze. Another one starts moving, but, as soon as he/she does so, the first student stops. And so on, without making a sound. If only a few students get moving and not all the students get involved in the activity, the teacher says: "statues" and the group must sit down. The other group takes over and moves under the command "humans" or "statues".

Time

20 - 25 minutes



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Laboratory Phase				
Phase 1 knowledge	Phase 2 Integration	Phase 3 Deconstructing	Phase 4 Positive relationship building	Phase 5 Performance elaboration
X	X			X

Group Size
8 students each

The Leaders' Role
The leader explains clearly how to play the game and makes a short simulation

Setting
The activity must be developed outdoor or in an empty room.

Equipment Needed
No special equipment is required, but students must have comfortable shoes and clothes.

Safety
The teacher ensures the safety of the designated space, freeing it from dangerous objects. The teacher ensures both groups have a good view of the students moving around the space.

Possible Mistakes
Students might rush to move, that's why this activity can be reiterated during a few sessions.

Final Debriefing
<ul style="list-style-type: none"> • Have you depended on the others when you started moving? • What was your personal aim in this activity? • What do you think the others' roles are while you are moving around the space? • Do you feel compelled to start moving yourself? Why? / Why not?